

2012 GMPD NATIONAL CHAMPIONSHIPS The Benfield Centre, Newcastle

SUNDAY - RUNNING ORDER - Men's Artistic

09:00: General Warm Up 09:30: Apparatus Warm Up 10:50: March On

Men's Competition

		Floor	Pomms	Rings	Vault	Pbars	Hbars
11.00	Round	Group 1	Group 2	Group 3			
	1	Open Junior & Senior	Comp A	Comp B			
11.30	Round		Group 1 Open	Group 2	Group 3		
	2		Junior & Senior	Comp A	Comp B		
12.00	Round			Group 1 Open	Group 2	Group 3	
	3			Junior & Senior	Comp A	Comp B	
12.30	Round				Group 1	Group 2	Group 3
	4				Open Junior & Senior	Comp A	Comp B
13.00	Round	Group 3				Group 1	Group 2
	5	Comp B				Open Junior & Senior	Comp A
13.30	Round	Group 2	Group 3				Group 1
	6	Comp A	Comp B				Open Junior & Senior

Registered Office Ford Hall, Lilleshall National Sports Centre, Newport, Shropshire TF10 9NB

T. 0845 1297129 F. 0845 1249089 E. information@british-gymnastics.org W. british-gymnastics.org





SUNDAY - RUNNING ORDER - Women's Artistic

09:00: General Warm Up 09:30: Apparatus Warm Up 10:50: March On

Women's Competition

		Vault	Beam	Abars	Floor			
11.00	Round 1	Rest						
11.30	Round 2	Group 4 Open Class I and II Senior	Group 5 Open Class I and II Junior	Group 6 Comp A class I and II Junior and Senior	Group 7 Comp B Class I and II Junior & Senior			
12.00	Round 3	Group 7 Comp B Class I and II Junior & Senior	Group 4 Open Class I and II Senior	Group 5 Open Class I and II Junior	Group 6 Comp Aclass I and II Junior and Senior			
12.30	Round 4	Group 6 Comp Aclass I and II Junior and Senior	Group 7 Comp B Class I and II Junior & Senior	Group 4 Open Class I and II Senior	Group 5 Open Class I and II Junior			
13.00	Round 5	Group 5 Open Class I and II Junior	Group 6 Comp Aclass I and II Junior and Senior	Group 7 Comp B Class I and II Junior & Senior	Group 4 Open Class I and II Senior			
13.30	Round 6	Rest						

Registered Office Ford Hall, Lilleshall National Sports Centre, Newport, Shropshire TF10 9NB

T. 0845 1297129 F. 0845 1249089 E. information@british-gymnastics.org W. british-gymnastics.org